nelson tasman

OFFICIAL VISITOR GUIDE & MAP







Discover our Themed Journeys!

nelson tasman.nz ilit Apple kock loka Ngawna, Apel Lasman National Park loto Credit: Waka Abel Tasmon

Del T:

Nau mai, haere mai ki Te Tauihu.

Welcome to our home, located in the heart of Aotearoa New Zealand. Nelson Tasman is where all the country's best bits are distilled into a single destination: where Abel Tasman is just one of three national parks, craft beer, wine and cider, high sunshine hours and the clearest lake in the world are just the beginning.

Desired as a place to reconnect, revive and recharge, protecting the pristine environment is just a way of life at the Top of the South, Te Tauihu. Our tourism businesses are the guardians of the stunning natural landscapes they work within. They work together to nurture the local flora and fauna that make this area special.

This map is designed to help you discover the best of the region, whether that is exploring the path of Makers, Creators & Curators, leaving no trace on the Light Footprint journey or experiencing the outdoors in Wellness & Trails. Create your journey by connecting the dots and make the perfect itinerary for you. There is something for everyone, so take your time, and find your way in this beautiful place we call home.



Visitor Information: 🖂 visit@nelsontasman.nz Website: www.nelsontasman.nz



Wellness & Trails

MAP

Take some time to rejuvenate your mind, body and soul. Unwind at one of our secluded luxury lodges surrounded by the sound of birds, waterways and native forest. Explore our region on foot or bike on one of our Great Walks, Great Rides, and world-class mountain bike parks.



Abel Tasman Coast Track

Multiday Hiking, Mārahau, 60 km Abel Tasman Coast Track, a Great Walk, showcases golden beaches, lush native bush, and crystal-clear waterways along the granite coastline. Explore secluded coves, islands, inlets, and hidden beaches throughout the park.



Canyoning Aotearoa

♀ 32 Main Road, St. Arnaud & 027 259 2117
☎ canyoningaotearoa@gmail.com ⊕ www.canyoningaotearoa.com
After crossing the pristine Lake Rotoiti by water taxi, you jump,
slide, swim, zip-line and abseil off waterfalls, as we take in the
magnificent surrounding lush and untouched native bush. It
really does have to be seen to be believed!



Centre of New Zealand

🖈 Short Walk, Nelson, 2 km

This central survey point, vital for 1870s geodetic surveys, is reached by a brief uphill trek through poplar and kauri trees. The viewing platform, marked by a giant white survey pin, offers scenic views from the hills behind Nelson City.



Codgers Mountain Bike Park

🐔 Mountain Biking, Nelson 🛛

Explore the region's popular mountain bike park with trails for all levels, from easy grade 2 tracks to thrilling grade 5 descents. The network offers spectacular city centre views.



Coppermine Trail



Farewell Spit Tours



Golden Bay Air

9 Tākaka 🕻 0800 588 885

☑ info@goldenbayair.co.nz ⊕ www.goldenbayair.co.nz
Golden Bay Air flights, shuttles and rental cars – Stunning scenic flights from Nelson, Motueka or Tākaka. Abel Tasman and Heaphy Track scheduled flights and shuttles.



Great Taste Trail

Leisure Biking, New Zealand Great Ride, 200km heartofbiking.org.nz Enjoy spectacular views, coastline, art, local food, wine or brews, and wildlife. This loop trail can be enjoyed over several days or tasted for a couple of hours.



Grampians Reserve

☆ Intermediate Hiking, Nelson The Grampians Reserve captivates with its scenic beauty. Explore well-maintained trails through native flora, leading to panoramic viewpoints showcasing the city and surrounding landscapes.



Helicopters Nelson

♀ 8 Dakota Street, Nelson Airport & 0800 FLY NELSON ☎ fly@helicoptersnelson.co.nz ⊕ www.helicoptersnelson.co.nz For the flight of a lifetime, let our experienced pilots take you to some of the most remote and breathtaking places that prove New Zealand is one of the most beautiful countries in the world.



Interislander



Kiwi Journeys

9 37-39 Halifax Street East, Millers Acre Centre
 9 Māpua Wharf, 8 Aranui Road, Māpua Wharf
 \$ 0800 292 538 ∞ info@kiwijourneys.co.nz [®] www.kiwijourneys.co.nz
 The region's most extensive range of quality e-Bikes, trail bikes, mountain bikes and family equipment. Including the Māpua
 Ferry, transport, luggage transfers, accommodation, support, personal advice and tips. Book online.



Lake Rotoiti Circuit

Intermediate Hiking, Saint Arnaud, 23km (river crossing) Located in Nelson Lakes National Park, Lake Rotoiti, surrounded by manuka and kanuka trees, is easily reached from St Arnaud. Explore its walking tracks, suitable for all ages and abilities.



Mount Arthur / Wharepapa

Intermediate Hiking, Motueka Valley, 18.4 km Mount Arthur, at 1795m, is Kahurangi National Park's highest peak in the Wharepapa / Mount Arthur Range. The challenging 9.2km day walk to the summit offers well-marked tracks; overnight stays in DOC huts are available.



Nelson Cycle Hire and Tours

 $\ref{Prince} \$ Airport House, Nelson Airport $\$ 03 539 4193 $\$ info@nelsoncyclehire.co.nz $\$ nelsoncyclehire.co.nz $\$ Cycle the Great Taste Trail with the experts. We will design a tour to best suit you and all you have to do is enjoy the magic of our nature and savour the tastes of our region on your super comfortable bike or ebike.



Rameka Track

Mountain Biking, Tākaka Hill, 6.9 km Explore Middle Earth's stunning scenery on a grade 3+ trail, navigating rocky ridges, river crossings, and steep descents. Starting in the limestone landscape from Peter Jackson's The Hobbit movies.



Rawhiti Caves

🖈 Short Walk, Motupipi, 2.9 km

An expansive cave entrance is uniquely adorned with diverse limestone features, including green and pink plants, moss, algae, and striking phytokarst formations. Inside, discover unparalleled twilight zone flora.



Redstone Golf and Disc Golf Park

9 334 Wai-Iti Valley Road, Wakefield & 03 541 8452 ∞ redstonegolf.nelson@gmail.com ⊕ www.redstonegolfpark.co.nz Enjoy a round of golf or disc golf on a peaceful, flat, tree lined course with creeks, dams and an island green to keep you on your toes.



Riuwaka Resurgence

★ Short Walk, Riwaka, 0.6km Te Puna o Riuwaka, or The Resurgence, s

Te Puna o Riuwaka, or The Resurgence, sacred to Te Ātiawa and Ngāti Rārua, holds healing waters. A carved waharoa signifies cultural significance, welcoming visitors to respectfully experience clear turquoise waters and lush forest.



Te Waikoropupū Springs

★ Short Walk, Tākaka, 1 km The largest freshwater springs in New Zealand, with some of the clearest water ever measured. A taonga (treasure) to local Māori, it is considered Wāhi tapu (sacred), and holds high cultural and spiritual regard.



The Gentle Cycling Company



Wainui Falls

🖈 Short Walk, Wainui, 3.4 km

Stroll along Wainui River's shaded banks, surrounded by lush native flora and the soothing sounds of cascading falls. Experience nature's beauty as birds flutter among treetops and falls plunge 20 metres into deep blue pools.



Whispering Falls

Intermediate Hiking, Richmond Forest Park, 7.7 km Richmond's hidden gem, Whispering Falls, unveils enchanting beauty. A series of waterfalls cascades from great heights, their drops patter on limestone rocks, creating a halo of spray as you gaze up.



Makers, Creators & Curators

Explore a wealth of award-winning wineries, craft breweries, and talented artisan makers and creators who are ready to share their unique creations with you. So set some time aside to enjoy our artists and artisans displaying a wealth of creative work in their studios and galleries.





Dancing Sands Distillery



Founders Heritage Park

9 87 Atawhai Drive, Nelson [€] 03 548 2649 a founderspark@ncc.govt.nz a www.founderspark.co.nz Embark on an enchanting family day! Stroll through a village with character buildings and lush gardens. Immerse in Nelson's heritage, ride the train, and savour Founders Cafe's delights.



Harvest Kitchen

♥ 168 Redwood Road, Appleby & 03 265 6082
Sookings@harvestkitchen.co.nz ● www.harvestkitchen.co.nz
Harvest Kitchen offers exceptional dining experiences in their delightful restaurant with a charming outdoor area! Enjoy scrumptious seasonal menus – surrounded by the beautiful Seifried Estate vineyards. Opening hours Wednesday – Sunday 11:00a.m. – 4:00p.m. Walk ins welcome



Hop Federation – New Taproom!

 9 627 Main Road Riwaka (next to Riwaka Hotel) € 03 528 0637
 ∞ brews@hopfederation.co.nz
 w www.hopfederation.co.nz
 We've moved! Just two minutes' drive away from our old brewery, come in and buy our full craft beer range, Tohu wines and delicious deli treats.



Jens Hansen



Katie Gold Clay Art & Owen Bartlett Pottery

♥ 1380 Moutere Highway, Upper Moutere Village t 03 543 2544 Statiegoldclayart@gmail.com ♥ www.bartlettandgoldgallery.co.nz In a historic house and garden setting, you will find Katie's limited edition ceramic sculptural works and Owen's contemporary designer tableware and art pieces.



Little Beehive Co-Op

9 123 Bridge Street, Nelson
 ∞ littlebeehivecoop@gmail.com
 ● www.littlebeehive.shop

 NZ art and design store with 10 local artisan members and a focus
 on Nelson made.



Michael MacMillan Sculptor & Country Homeware 9 252 Neudorf Road, Upper Moutere & 03 543 2252 Studio@michaelmacmillan.co.nz
Www.michaelmacmillan.co.nz Discover two galleries full of sculpture, bronze works, French oak homeware, coffee, photography, painting, and jewellery too. We're open most days from 11am - 5pm.



Moutere Inn

91406 Moutere Highway, Upper Moutere € 03 5432 759 is info@moutereinn.co.nz
www.moutereinn.co.nz The Moutere Inn is New Zealand's Oldest Pub, in its original building. Craft beers, very local wines, quality pub meals. Open Wednesday – Sunday from midday.



Mussel Inn

Ŷ Onekaka, Golden Bay \$ 03 525 9241
≅ haveabeer@musselinn.co.nz ⊕ www.musselinn.co.nz
Laid-back, family friendly pub making our own beers, ciders, soft drinks and wholesome simple fare. Live music features regularly.



Nelson Classic Car Museum



Neudorf Vineyards

9 138 Neudorf Road, Upper Moutere € 03 5432 643 Social control co



NZ Textile Experiences

◊ Location Varies **\$ 0274 296 344**



Ruby's Espresso

♀ Akersten Street, Port Nelson € 027 226 8434 ⊠ rubybaycoffee@gmail.com ⊕ www.facebook.com/rubysespresso Espresso Bar. Est. 2020. Serving the best brews with the best views. Akersten Street: The Gateway to the Nelson Marina.



Seifried Estate Cellar Door

♥ 168 Redwood Road, Appleby € 03 544 1600
≅ wines@seifried.co.nz ♥ www.seifried.co.nz
Beautifully crafted wines from the South Island's oldest winery.
Family friendly with children's playground and non-alcoholic grape juice available. Join us for a hosted tasting.



The Free House



The Junction Shop

♀ 151 McShane Road, Appleby \$\cdot 03 544 1911
∞ shop@thejunctionshop.co.nz \$\# www.thejunctionshop.co.nz
Family owned and showcases many of Nelson's finest artisan
food producers including multi-award-winning Thorvald & Little
River Est Cheese. Open 7 days, FREE cheese tastings daily.



The Suter Art Gallery

Great vibey atmosphere.

9 208 Bridge Street, Nelson € 03 548 4699 info@thesuter.org.nz
www.thesuter.org.nz Discover art and culture at The Suter, the region's public art gallery. Enjoy the café, store, theatre and more. Open daily from 9.30am - 4.30pm.





Wine, Art & Wilderness 9 Nelson & 0800 326 868 a info@wineartandwilderness.co.nz 19 www.wineartandwilderness.co.nz 10 Indulge in our luxury small group tours. We offer stunning Wine & Art tours of the Nelson region and day tours into Abel Tasman, Kahurangi and Nelson Lakes National Parks.

Please Note: Within Accommodation Section: Also a Wellness & Trails stop Also a Light Footprint stop



Light Footprint

Follow the light footprint trail to care for our region as much as we do. Take a trip by plane, boat, kayak, or on foot in one of our three national parks, experience the richness of the area, and leave with your luggage packed full of beautiful memories.

MAP



Abel Tasman Canyons



Abel Tasman Eco Tours

♀ Departs from Mārahau **\$ 03 391 0010**

☑ info@abeltasmanecotours.co.nz ⊕ www.abeltasmanecotours.co.nz Specialising in small group personalised eco boat tours in the Abel Tasman National Park, exploring inlets, beaches and islands, and experiencing wildlife. Suitable for all ages and fitness levels.



Abel Tasman Kayaks

♀ 273 Sandy Bay-Mārahau Road, Mārahau € 03 527 8022 ∞ info@abeltasmankayaks.co.nz ∞ www.abeltasmankayaks.co.nz We offer seamless kayak and walk products ranging from half to multi day adventures. Our extensive range of trips will suit however you want to explore the Abel Tasman.



Abel Tasman Sailing Adventures

Ticket office: 2 Kaiteriteri-Sandy Bay Rd, Kaiteriteri & 03 527 8375
 info@sailingadventures.co.nz

 www.sailingadventures.co.nz
 Join a scheduled day tour or plan an exclusive day tour or multiday sailing holiday. Small group tours exploring the National Park from a large comfortable sailing catamaran.



Abel Tasman Sea Shuttle



Better Bus

◊ Various Pickup Locations
 ◊ 027 577 6975
 ∞ bookings@betterbus.co.nz
 @ www.betterbus.co.nz
 The Better Bus runs between Nelson and the Abel Tasman National
 Park's southern access points of Kaiteriteri and Marahau, stopping
 at Richmond and Motueka. Book ahead to lock in your trip.



Cable Bay Adventure Park

v 194 Cable Bay Road, Cable Bay & 03 545 0304
∞ info@cablebayadventurepark.com
∞ www.cablebayadventurepark.com
Nelson's adventure destination, 15 minutes from the CBD and set amongst pristine native forest. Fly our Skywire, quad biking, paintball, MTB park, petting zone & licensed Cafe.



Skydive Abel Tasman



Toad Hall Store & Cafe

۶ 502 High Street, Motueka ، 03 528 6456



The Brook Waimārama Sanctuary

9 651 Brook Street, Brook Valley, Nelson & 03 539 4920 info@brooksanctuary.org.nz
www.brooksanctuary.org.nz Located on the doorstep of Nelson city, The Brook Waimārama Sanctuary is the largest fenced Eco-Sanctuary for endangered native plants and animals on the South Island.



Waka Abel Tasman

♥ Kaiteriteri-Sandy Bay Road, Kaiteriteri & 0800 925 228 ⊠ kiaora@WakaAbelTasman.nz ⊕ www.wakaabeltasman.nz To travel across water is to connect across time and space. We feel the motion and te mauri o te wai, just as our tūpuna did. To do it in a group, connects you in a way nothing else does. All ages and abilities welcomed, join our daily departures. Nau mai ki Kaiteriteri.



Wilsons Abel Tasman

♦1 Kaiteriteri-Sandy Bay Road, Abel Tasman National Park \$ 0800 223 582 extstyle info@abeltasman.co.nz extstyle www.abeltasman.co.nz Wilsons: The Pioneers, welcoming visitors since 1841. Combos from 2 hours to 5 days - Kayak, Walk, Boats and Beachfront Lodges. One Call All Options! Guided and Self Guided.

Accommodation



Abel Tasman Lodge



Abel Tasman Ocean View Chalets



Private accommodation perfect for your Abel Tasman Holiday. Nestled among native bush with stunning ocean views, we have a range of accommodation to suit all needs.



Admirals Motor Inn

♥ 26 Waimea Road, Nelson & 0800 745 755 Stay@admiralsmotorinn.co.nz @ admiralsmotorinn.co.nz Family owned and operated. Ideally located near Nelson Centre, Nelson hospital, and local colleges. 22 units offering a variety of options. Unlimited high speed wifi. Off street car parking. Rooms serviced daily.



Awaroa Lodge



Maruia River Retreat

v 2314 Shenandoah Highway, Tasman € 027 563 3143
 ∞ reservations@maruia.co.nz

 maruia.co.nz
 Maruia River Retreat is a private luxury wellness resort by the Maruia River in a 500-acre native rainforest. One of NZ best wellness retreats for relaxed luxury holidays.



Ratanui Lodge

9 818 Abel Tasman Dr, Pohara, Tākaka € 03 525 7998 stay@ratanuilodge.com ⊕ ratanuilodge.com Newly refurbished, contemporary rooms, includes welcoming restaurant and lounge bar open to the public 7 days for breakfast and dinner. Open seasonally Oct to April.



Rutherford Hotel Nelson - A Heritage Hotel



Tāhuna Beach Holiday Park

970 Beach Road, Tāhunanui € 0800 500 501 atahuna@tahunabeach.co.nz @tahuna.nz The classic kiwi holiday awaits by the sea: broad range of comfortable accommodation, a variety of on-site activities and many family attractions within easy walking distance.



YHA Nelson

9 59 Rutherford Street, Nelson € 03 545 9988
 a stay@yhanelson.nz

 accentshostel.nz
 Great value accommodation in the centre of Nelson and beside the Saturday Market. Our hostel accommodates singles, couples, families, and groups and is an ideal base for exploring
 Abel Tasman and The Creat Taste Trail.









